

BELLAIRE LITTLE LEAGUE

ROOKIE BALL

PITCHING MACHINE	<p>Machine Speed is to be SET at 28 MPH. Machine is 28 Feet from the back of HOME Plate.</p> <p>Feeding the Pitching Machine: Always make- sure the Batter is READY, Raise Hand high with the ball in your hand. If there is a Catcher make sure he/she is down in position and ready. When feeding the Ball try and feed the ball the same way each time. Meaning which way the Red Threads are facing. This should help with consistency.</p> <p>Baseballs are Not League Balls. They are a little soft. They can still hurt. Safety is a #1 priority.</p>
Manager Notes	
Base Running	
Throwing	
Fielding	
Hitting	
Questions	

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